



decide

Supported Decision Making

Supported Decision Making using Digital Literacy & Numeracy Skills

I-DECIDE is a European funded project that helps adults with intellectual disabilities develop the skills they need to make supported decisions by providing them with the right tools and trained support.

This enables them to have more control over their lives and will help them to make important decisions in the areas of personal finance, healthcare and consumer rights.

Many people with intellectual disabilities enter adulthood with little capability in digital, literacy and numeracy skills. The I-DECIDE project partnership seeks to improve these skills to promote supported decision-making, fully respecting the wishes and preferences of the individual.

We make hundreds of decisions each day, everyone should be allowed and enabled to make those choices for themselves!

support
FUNDACIÓ TUTELAR GIRONA

Inclusió social i suport en la presa de decisions
Social inclusion and supported decision making

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What are the outputs of the I-DECIDE Project?

- **A REPORT** on the current state of play and good practices in Supported Decision-Making.
- **A TOOLKIT** with a guide for people with intellectual disabilities, their families, and support staff providing detailed information explaining everyone's role in the project and how the materials work.
- **A TRAINING COURSE** aimed at showing staff and potential support workers how their role could make a difference in someone's skill level, social inclusion and capacity to take decisions in their own life.
- **SUPPORT MANUALS** for other professionals with specific materials on PERSONAL FINANCES HEALTHCARE and CONSUMER RIGHTS.

Project led by **SUPPORT** Fundació Tutelar de les Comarques Gironines

Partners



SERVICE FOUNDATION
FOR PEOPLE WITH
AN INTELLECTUAL DISABILITY

